

**A Common Ground**  
**Winter Schedule 2009/2010**  
**Studio I -- 346 Main Street**

**Monday**

3:30 Beginning Ballet age 5-7  
4:15 Jazz II/III age 10-13  
5:00 Tap II age 8-12  
5:45 Jazz IV age teen/adult  
6:45 Hip-hop ages 8-12  
7:30 Modern age teen/adult  
8:30 Wing Chun

**Tuesday**

9:30 Ballet age 3-5  
10:30 Tap age 3-5  
3:45 Tap I age 7-9  
4:30 Acrobatics all ages  
5:30 Afrikan Drum all ages  
6:30 Afrikan Dance all ages

**Wednesday**

8:30 Tai Chi  
10:00 Beg/Int I Middle Eastern  
3:45 Ballet I age 6-9  
4:30 Beginning Jazz age 5-7  
5:30 Yoga age 10-adult  
6:30 Tap IV/V  
7:30 Beginning Intermediate Flamenco  
8:30 Wing Chun

**Thursday**

3:30 Jazz I age 7-10  
4:15 Beginning Tap age 5-7  
5:00 Beginning Tap age 8-12  
5:45 Ballet II age 8-12  
6:30 Tap III Teen/Adult  
7:15 Latin Moves Plus  
8:15 Flamenco

**Friday**

10:00 Adv/Professional Middle Eastern  
11:45 Beginning Middle Eastern  
1:00 Jazz age 3-5  
2:00 Ballet age 3-5  
2:45 Ballet III/IV  
4:00 Tap III age 10-14  
4:45 Jazz II age 8-12  
5:30 Beginning Tap Teen/Adult  
8:15 Sacred Circle Dance (2<sup>nd</sup> Fri of the Month)  
8:15 Middle Eastern Drum (3<sup>rd</sup> Fri of the Month)

**Saturday**

9:00 Tai Chi  
10:30 Yoga  
1:30 Swedish Gym Fitness  
6:00 Beginners II Salsa  
7:00 Argentine Tango

## Studio II

345 Main Street- "City Center Dance"

### Monday

6:30 Intermediate 2 Middle Eastern

7:30 Intermediate 1 Middle Eastern

### Tuesday

9:30 Post-Natal Pilates

7:30 Hip-Hop Teen/Adult

### Wednesday

5:00 Teen Hip-Hop

6:00 Advanced Middle Eastern

7:30 Rehearsal

### Friday

9:30 Tots Creative Movement age 2-5

6:15 Beginning Flamenco

7:15 Tai Chi

### Thursday

9:30 Post-Natal Pilates

4:30 Little Goddess Middle Eastern

5:30 Beginner Middle Eastern

6:30 Intermediate 1&2 Middle Eastern

7:30 Pre-Natal Pilates

### Saturday

9:30 Beginner 1 Middle Eastern

10:30 Beginner 2 Middle Eastern

11:30 Children's Hula (Keiki)

12:30 Adult Hula

## A Common Ground

[www.ACommonGround.net](http://www.ACommonGround.net)

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